

Doctor's Name:	
----------------	--

Protocol	TKA	THA
WBS	WBAT	WBAT
DME	Walker x 3 wks, progress to Cane as tol	Walker x 3 wks, progress to cane as tol
OK to shower	When staples out	When staples out
d/c Ted Hose or other	Daily x 6 wks	Daily x 6 wks
THR procedure	NA	Posteriorlateral
Hip Precautions	NA	Standard, no RROM x 3 wks, only AAROM & AROM. Avoid hip flexion past 90* x 6 wks
OT referral?	*no	*no
Progress Note	Send w/pt. 3 wks post op, not before *Designate anticipated D/C date on form	
CPM	CPM for home use until 90* active flexion	NA
Outpatient Care?	Per MD	Per MD
Staple Removal		
Blood Thinner Prefs	Lovenox BID	Lovenox QD
Frequency of Pro-Time Draws		
Rehab Protocol Specifics	Start PT day after hosp d/c. PT frequency: daily on weekends?	Same as for TKA
Special Notes	.	Same as for TKA